

**CCHC LESSON PLAN FOR
CHILDREN'S HEALTH PROMOTION**

Presentation Title: Home Alone

Submitted by (LPHA name or DHSS): Washington County Health Dept.

Date submitted: 7/10/2018

Learning Objective(s):

- Children will explain why never to open the door to a stranger, when home alone.
- Children will explain why never tell a caller on the phone that they are home alone.
- Children will identify a safe place in their home, to go to when they are scared.

Presentation Outline (not to exceed 30 minutes):

Description of what it means to be home alone.

Discussion of dangers of opening a door to a stranger or telling a caller on the phone that you are home alone.

Discussion on where safe places inside a home are.

Teach children Detective McGruff's song on "Home Alone"

Resources used (story books, video, props):

NOTE: VIDEO PORTION MUST NOT EXCEED MORE THAN HALF OF TOTAL TIME OF PRESENTATION

McGruff's Preschool Child Safety script

McGruff Crime Dog Puppet

McGruff's cd of songs

Children's Health Promotions are developed utilizing best practice references such as the "Kansas and Missouri Core Competencies for Early Childhood and Youth Professionals" (Content Area V: Health and Safety), and the National Health and Safety Performance Standards, "Caring for Our Children." Consultants developing new lessons for children's health promotions should use this template and submit to the CCHC Program Manager for approval. Health Promotion Lesson Plans already approved by the CCHC Program Manager are approved for use by any contracting LPHA. Approved lesson plans are reviewed by the CCHC Program Manager at a minimum of every three years, and are therefore considered approved if in circulation until otherwise instructed by the CCHC Program Manager.